

GOOD MORNING!

Hello, my dear friend. My dear, dear friend. I know that mornings can be rushed and stressful.

“Did you pack your lunch? Where are your boots? Where are my keys? We’re going to be late! Why is there jam on the cat?!”

And it can be just easier to drive.



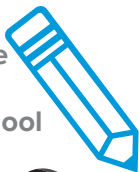
“We live too far away for my child to walk to school. My child is too young. There’s no one to walk with them. It’s on my way to work.”

But what if walking even part-way helped them do better in school?

9

teachers say their students are much more ready to learn if they’ve walked or biked to school

out of 10



children who walk or bike to school can increase their concentration for up to

4 hours



Consider giving your child the gift of 15 minutes of stress-reducing, concentration-boosting physical activity by allowing them to walk part-way to school. Check out the map on the back of this card to see some alternate drop-off spots like the Memorial Park Playground. If you and other parents do it at the same time, then the kids would have other kids to walk with!

And if you have the time to walk with them, you’ll enjoy that too.



Kentville



LET THE KIDS WALK PART-WAY!



7:35 AM
7:40 AM
7:45 AM
7:55 AM
8:00 AM
8:10 AM

First Bus Arrival
WALK PART-WAY
Student Drop Off
Students to Homeroom Class
Morning Classroom Routines
Announcements/Classes begin

**ACTIVE ROUTES
TO SCHOOL**
Kings County Academy